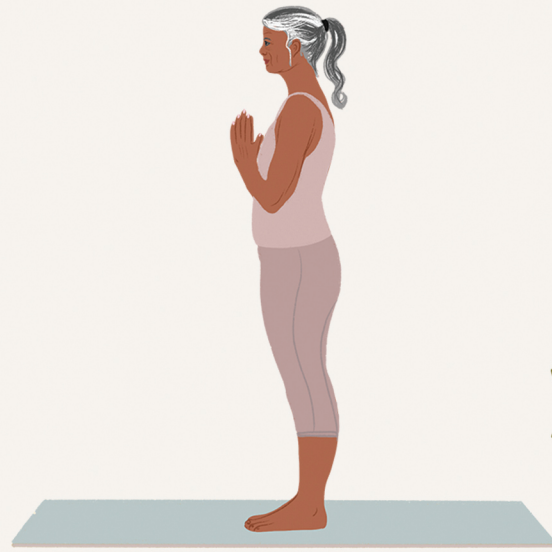




Virabhadrasana II



Tadasana



Uttanasana



Virabhadrasana I



Ashta Chandrasana



Sukhasana



Ardha Uttanasana



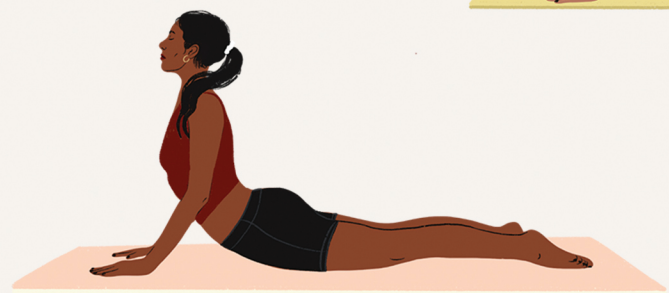
Eka Pada Adho Mukha Svanasana



Adho Mukha Svanasana



Kumbhakasana



Bhujangasana